



Namita Education & Welfare Society's  
**SIDDHARTH COLLEGE**

**(B.M.M., B.M.S & B.Com)**

(A Minority Institute, Affiliated to University of Mumbai)

At: Boradpada, Post: Chargaon, On Badlapur-Mhasa Road, Tal: Ambernath, Dist.: Thane – 421 503.

Contact Nos.: 0251-2670232, 8550961581, 9930501961 Website: [www.siddharthcollegebadlapur.edu.in](http://www.siddharthcollegebadlapur.edu.in)

email id : [principal@siddharthcollegebadlapur.edu.in](mailto:principal@siddharthcollegebadlapur.edu.in), [namitaeducation@gmail.com](mailto:namitaeducation@gmail.com)

**WORKSHOP ON**  
**WOMEN'S SAFETY AND EMPOWERMENT**  
**ORGANISED BY**  
**DEPARTMENT OF WOMEN'S DEVELOPMENT CELL**

**IN COORDINATION WITH**

**INTERNAL QUALITY ASSURANCE CELL**

**(Online Mode)**

<b>Date of the Event</b>	<b>:</b>	<b>25.07.2021</b>
<b>Timing</b>	<b>:</b>	<b>11. 30 am to 01.30 pm</b>
<b>Venue</b>	<b>:</b>	<b>Seminar Hall</b>
<b>Resource Person</b>	<b>:</b>	<b>Adv.Soniya Gajbhiye</b>
<b>No.of Participants</b>	<b>:</b>	<b>229</b>

The Department of Women's Development Cell of Siddharth College in Coordination of IQAC organised an Intercollegiate Online workshop on women's safety and empowerment of the girl students. Program started by 11:00am with registration process of the students. Participants of other colleges from various parts of Mumbai had enrolled themselves.

Advocate Ms. Soniya Gajbhiye, Bombay High Court, Nagpur Bench was the Resource Person. She said that the Women empowerment in India is the most effective tool for development of any nation. Women across the globe, these days, have been taking active part surpassing others in all the spheres of their life. As the entire world is clasping its breath and praying every single day for an incredible escape from the COVID-19 Pandemic, it is the women governs and nations steered by these amazing figures who are taking over the responsibility and marching ahead in the battle alone wherever required.



Women empowerment in India is dependent upon, to a great extent, on numerous variables that encompass geographical setting (rural\tribal), social status (caste and class), educational status, and age factor. Actions on the women empowerment exist at the state, local (panchayat), and national levels. However, women encounter differentiation in most sectors like education, economic opportunities, health and medical assistance, and political participation, which demonstrates that there are substantial gaps between strategy advancements and real exercise at the community level.

There was considerable discussions after the lecture, though the medium of workshop was online. The Resource person provided her contact number and asked to call her any time in case required any legal recourse.

### Highlights of Workshop: The workshop highlighted the following.

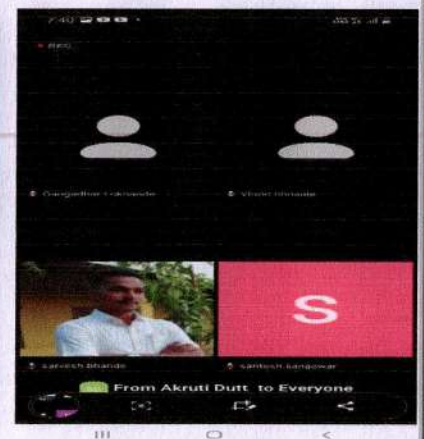
- ❖ Gender Discrimination must be Checked
- ❖ Realized that mass media is Bringing the Transformation
- ❖ Steps need to be taken with regard to Implementation of Women Development Programme along with various Acts
- ❖ Women's Attitude need to be changed. They are made to realize that any sort of women's issue must be reported to the police.

Principal Dr. R. P. Paul thanked all the participants. He specially thanked Adv.Soniya Gajbhiye for sparing her valuable time with the college programme all the way from Nagpur.

### Outcome of the workshop:

Session was useful for girls. They learned new techniques and felt motivated to defend themselves at the time of threat.

- Focus was overall development of women/ girls which we achieved.
- Participants demanded more such programmes in future.
- The college decided to organize more such programmes in future.







**SWATI NARWADE**  
Convenor  
Women's Development Cell

  
**KARNEKAR S.V**  
IQAC Coordinator





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**WORKSHOP ON**  
**SOFT SKILL AND PERSONALITY DEVELOPMENT**  
**ORGANISED BY**  
**DEPARTMENT OF ENGLISH**  
**IN COORDINATION WITH**  
**INTERNAL QUALITY ASSURANCE CELL**

<b>Date of the Event</b>	<b>:</b>	<b>20.11.2021</b>
<b>Timing</b>	<b>:</b>	<b>10. 30 am to 12.30 pm</b>
<b>Venue</b>	<b>:</b>	<b>Seminar Hall</b>
<b>Resource Person</b>	<b>:</b>	<b>Prof.Narendra Gawli</b>
<b>No.of Participants</b>	<b>:</b>	<b>56</b>

A One-day workshop on “Soft Skill & Personality Development Programme” was organized by Department of English on 20<sup>th</sup> November 2021.

**Objective :**

- To make aware emerging ideas on Personality Development
- To enhance the Communication Skills, writing skills , academic writing, planning, time management

Ms.Swati Narwade, Department of English welcomed the guests and participants. The workshop was, later inaugurated by Dr. R. P. Paul, the Principal. After welcoming the Resource Person, Prof.Narendra Gawli, HoD, Department of English, Gandhi College, Kada, Maharashtra was invited to proceed with the session. Prof. Dr. Vishal Vaidya HoD Department of Botany Smt. Gandhi College Kada.

Prof.Gawli highlighted various aspects of Personality Development as stated in the objectives above. 56 participants took part in the session. The participants were later divided into Five groups and were give five different topics related to Personality Development. Later, the group leaders presented their opinions, debated and discussed.

It was a lovely session. Prof.Dr.V.V.Vaidya, Dr.Ankush Aundhakar, Shri. Shrikant L.Lokhande, the President of Namita Education Society were present in the workshop.

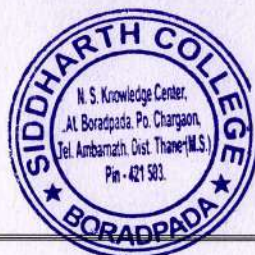




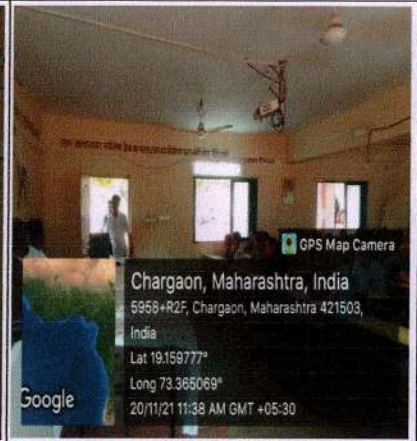
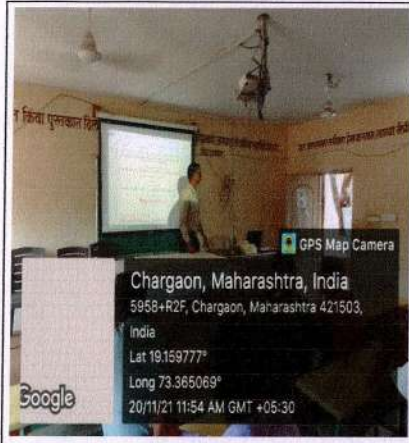
At the end of the session, feedback forms were issued, filled and collected. A good rating was given to the workshop. Mr.Sandip V.Karnekar, the IQAC Coordinator proposed the Vote of thanks and the workshop ended at 12.50 pm.

### Outcomes of Workshop:

- ❖ Participants learnt effective communication through verbal/oral communication and improve the listening skills
- ❖ Learnt to write precise briefs or reports and technical documents.
- ❖ Learnt to participate in group discussion / meetings / interviews and prepare & deliver presentations.
- ❖ Learnt to become more effective individual through goal/target setting, self-motivation and practicing creative thinking.
- ❖ Learnt to function effectively in multi-disciplinary and heterogeneous teams through the knowledge of team work, Inter-personal relationships, conflict management and leadership quality







*Narwade*

**NARWADE SWATI S**  
Department of English



*Karnekar Sandip V*

**KARNEKAR SANDIP V**  
IQAC Coordinator

*Sandip V*  
**PRINCIPAL**,  
**Siddharth College**  
At Boradpada, Po. Chargaon,  
Tal Ambamath Dist Thane (M.S.)  
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**WORKSHOP ON**  
**COMMUNICATION SKILLS**  
**ORGANISED BY**  
**DEPARTMENT OF ENGLISH**  
**IN COORDINATION WITH**  
**INTERNAL QUALITY ASSURANCE CELL**

<b>Date of the Event</b>	<b>:</b>	<b>21.12.2021</b>
<b>Timing</b>	<b>:</b>	<b>12.00 pm to 03.00 pm</b>
<b>Venue</b>	<b>:</b>	<b>Seminar Hall</b>
<b>Resource Person</b>	<b>:</b>	<b>Dr.Vishal Vaidya</b>
<b>No.of Participants</b>	<b>:</b>	<b>62</b>

The college, being situated in a hilly, rural and tribal area, conducting a Workshop on communication skills was a necessary to the students of the college. The Department of English has, therefore, planned and organized a workshop in this regard.

**Objective:**

- **To develop communication skills in public speaking, group discussion, proper grammatical usage and presentation.**

The workshop commenced with a prayer. Ms.Swati Narwade, Department of English welcomed the audience and the guests followed by felicitation of Resource person by Shri.Shrikant L.Lokhande, the President, Namita Education and Welfare Society.

Dr.Ankush Aundhakar, the Principal of Siddharth College of Education introduced the Resource person, Dr.Vishal Vaidya, Gandhi College, Kada, Maharashtra for sparing his valuable time after travelling a long distance.

Dr.Vaidya systematically presented various aspects communication skills through PPTs and Youtube channels. At the end, the students enjoyed the group discussion. Though it was



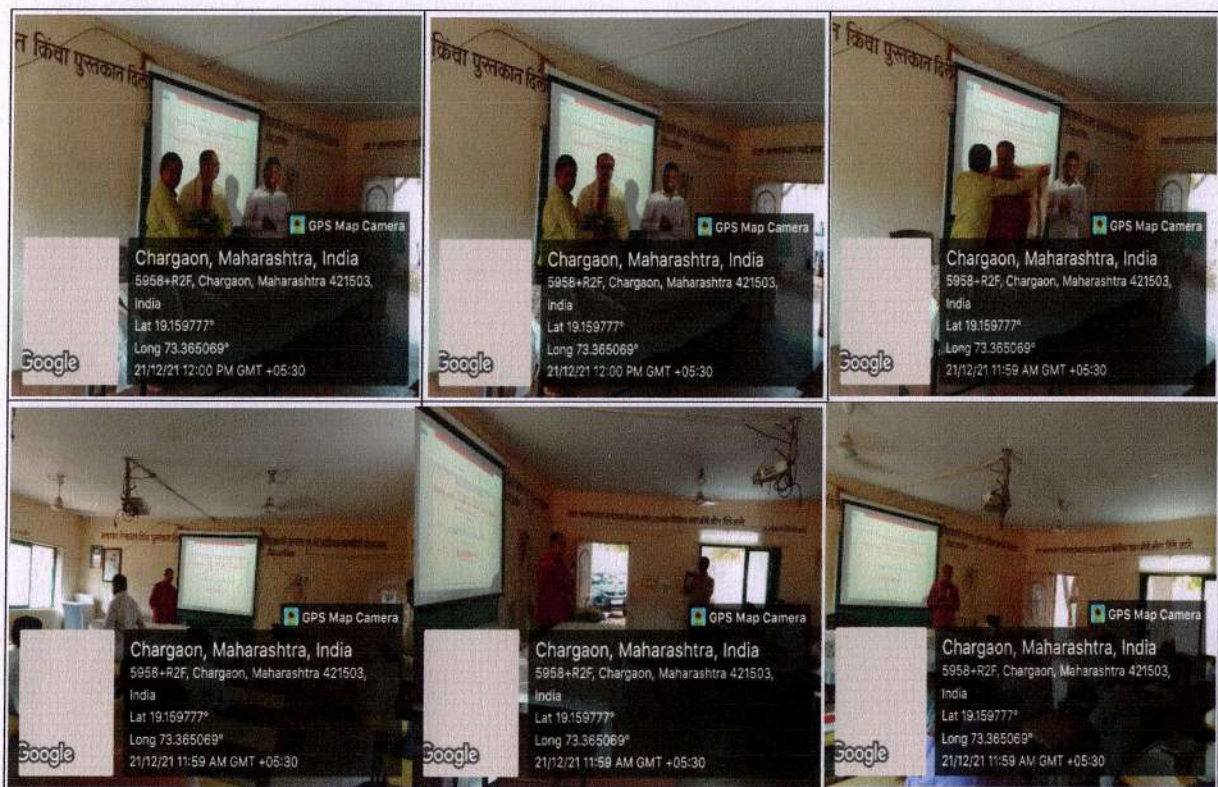
uncomfortable for the participants to use English language for communication, at last, they got the confidence to open their mouths and communicate with their peer groups. After the Tea break, the session was conducted on oral examination and interview. This session was really challenge to the participants as most of them have never attempted to face such lively session. In short, this workshop have opened the perspective of communication not only to the students, but also the staff-both teaching and non-teaching.

During valedictory speech, Dr.R.P.Paul, the Principal encouraged the participants to initiate the dialogue only in English to improve their communication and to face the real competitive world.

Representing the IQAC, Mr.Sandip V.Karnkar proposed the vote of thanks and the workshop was winded up at 03.15 pm.

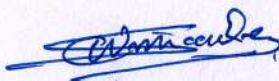
### Outcomes of the Workshop :

- Many students who participated the workshop changed their talents on communication.
- Students started communicating with their peer groups effectively.








  
**NARWADE SWATI S**  
Department of English



  
**KARNEKAR SANDIP V**  
IQAC Coordinator

  
**PRINCIPAL**  
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**WORKSHOP ON**  
**WOMEN'S HEALTH AND FITNESS ISSUES**  
**ORGANISED BY**  
**DEPARTMENT OF WOMENS DEVELOPMENT CELL**  
**IN COORDINATION WITH**  
**INTERNAL QUALITY ASSURANCE CELL**

<b>Date of the Event</b>	<b>:</b>	<b>27.04.2022</b>
<b>Timing</b>	<b>:</b>	<b>10.30 am to 12.30 pm</b>
<b>Venue</b>	<b>:</b>	<b>Seminar Hall</b>
<b>Topic</b>	<b>:</b>	<b>Women's Health and Fitness Issues</b>
<b>Resource Person</b>	<b>:</b>	<b>Dr.Minaxi Samant</b>
<b>No. of Participants</b>	<b>:</b>	<b>68</b>

### Activity Details:

The Department of Women's Development Cell with Coordination of IQAC, organised Women's Health and Fitness Session for the girl students of the college on 27th April, 2022 at 10:30 am in seminar hall. BA,B.Com,and BMS girl students of the college was made for Health of their Fitness as well as to share important information to them related to activities by Women cell.

Resource Person, Dr. Minaxi Samant, District Programme Officer NSS, Mumbai delivered a talk on 'Womens Health and Fitness'. She, as also working as Physical Director shared her topic very interesting and informative manner. She exclusively referred the importance of health care and maintaining the fitness in daily life of everyone especially women.

In the interactive session, students were made aware about the Women Cell and its functioning in the college as well as in the society. Students were also asked about their suggestion for the welfare of girls firstly at college level. Students participated enthusiastically in the session.



## Outcome of this Programme:

- New Electric connection were fitted.
- The management fitted Water cooler in the premises.
- The visit of Counsellor-cum- Doctor increased.
- Sanitary Napkins were kept in the Girls' Common under the supervision of a Lady staff.
- The Management agreed to conduct few yoga training programmes in future.



Handwritten signature of Narwade Swati G. in blue ink.

**NARWADE SWATI. G.**  
Department of English



Handwritten signature of Karnekar Sandip V. in blue ink.

**KARNEKAR SANDIP V**  
IQAC Coordinator

Handwritten signature of the Principal in blue ink.

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**INTERNATIONAL YOGA DAY CELEBRATION & MEDIATION**  
**ORGANISED BY**  
**NATIONAL SERVICE SCHEME**  
**IN COORDINATION WITH**  
**VIDYADHAM YOG KUTIR, BADLAPUR**

<b>Date of the Event</b>	<b>:</b>	<b>21.06.2022</b>
<b>Timing</b>	<b>:</b>	<b>08.30 am onwards</b>
<b>Venue</b>	<b>:</b>	<b>Seminar Hall</b>
<b>Resource Person</b>	<b>:</b>	<b>Vidyadham Yog Kutir</b>
<b>No. of Participants</b>	<b>:</b>	<b>53</b>

The National Service Scheme unit of the college in coordination with Vidyadham Yog Kutir organized 8<sup>th</sup> International Yoga day on 21st June 2022 with great enthusiasm. Principal Dr. R. P. Paul supervised the arrangements of this session. Dr. Ankush Aundhkar was the Guest of Honour of the Programme.

The team of Vidyadham Yog Kutir reached the college campus sharp at 07.30 am and arranged the event in a systematic manner. Instructions were already given to the participants to take part in the Yoga session.

The session was coordinated and conducted under the leadership of Smt. Vidyabai sathe, Certified Yoga trainer with Vidyadham Yog Kutir, Badlapur. She narrated various incidents and experiences of her personal life and explained how her life changed after practising Yoga. She said the imminent requirement practising yoga specially for today's youth and to save them from the cluster and influence of multimedia like whatsapp and distractive videos.





Smt. Pushpalata Yadav also from Vidyadham Yog Kutir, Badlapur also performed the Yoga demonstrations. After which a few warm up and simple Asanas were performed by the students and the teachers enthusiastically and the importance of these Asanas was explained simultaneously by Smt.Pratibhatai Dhamle Prof. Miss Suvarna Padir explained about 'The Positive Framework of Meditation'. She began by explaining how negative thoughts disturb a person. Negativity she said increases the hormonal imbalance in people and thus there is a confusion of thoughts leading to stress.

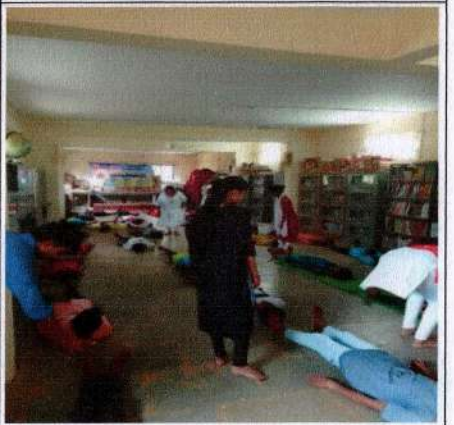
Ms.Pushpalata Yadav also spoke about her experience as a counsellor where she has patients ranging from the age group 3 years to 90 years. She emphasized the fact that purity of thought increases positivity in a person. Purity of thought increases mentally and physically strong people, which further create a positive nation leading to positive world. She emphasized that it is the responsibility of the teachers to imbibe positive thoughts among students. She conducted a 3-minute meditation session with the students and teachers and professed the regular use of meditation in one's life.

Prof. Sangewar Santosh told the students that the International Yoga Day is a gift to the world by PM Modi, who put forward proposal on 11th December 2014 in the United Nations General Assembly (UNGA), which was accepted by 193 Nations. 21st June is since been celebrated as International Yoga day.

Principal Dr. R. P. Paul explained the importance of breath in meditation. He told the students they should read ancient Indian texts like Patanjali Maharishi's 'AshtangYog' along with personality development books by International writers. She encouraged the students to practice Yoga and meditation on a regular basis for a healthy body and mind. The function ended with a vote of thanks by Mr.Navnath Kedar. The function was organised by Prof. KambleChandrakant , Prof. Karnekar Sandip, Prof. Bhande Sarvesh, Prof. Jadhav Nandkumar along with all the Professors and office staff who put in a lot of effort to make the function a success.



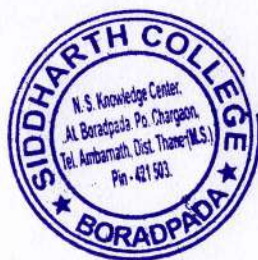




53 students participated in the session.

*Karnekar Sandip V*  
*Programme Coordinator*  
*National Service Scheme*

**KARNEKAR SANDIP V**  
 Programme Coordinator  
 National Service Scheme



*Principal*  
**PRINCIPAL**  
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## Report on Haemoglobin and Health Check-up Camp

Date : 17<sup>th</sup> March 2023  
Venue : Seminar Hall.  
Duration : 09:30 am to 05.00 pm

The National Service Scheme, Women Development Cell of the College Cell and Rotary Club of Kalyan, Primary Health Care Hospital Sonawala jointly organised a Health camp on Haemoglobin check-up and Thallasaemia Test. The camp was organized for the staff and students of the college.

The Health Check-up camp began at 09.30 am on 17<sup>th</sup> March 2023 and continued till 05.00 pm. Dr.R.P.Paul, the Principal, in his inaugural address hinted the need of testing for Thalassaemia for its deadly blood disorder.

Mr.Vidyadhar Gangurde, representing Rotary Club of Thane delivered a informative speech on Thalassaemia . He said that the Thalassaemia test is required only once in life time. He suggested the youngsters to convey this message to their peer group before getting themselves married. No matter if one of the partners is Thalassaemia Minor. If both the husband and wife are Thalassaemia minor, there is a possibility that their child could be a Thalassaemia Major. He quoted the case of Superstar Amitabh Bacchan who is the holder of Thalassaemia minor. He is survived luckily as Jaya Bacchan, his wife is not Thalassaemia minor.

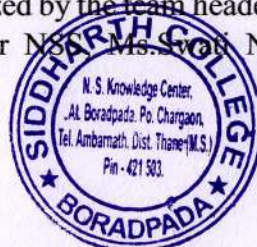
Express his view haemoglobin test measures the levels of haemoglobin in the blood. Haemoglobin is a protein in the red blood cells that carries oxygen from the lungs to the rest of the body. If the haemoglobin levels are abnormal, it may be a sign that one may have a blood disorder. A haemoglobin test is often used to check for anemie, a condition in which the body has fewer red blood cells than normal.

Resource Person Vidyadhar Gangurde Express his view haemoglobin test measures the levels of haemoglobin in the blood. Haemoglobin is a protein in the red blood cells that carries oxygen from the lungs to the rest of the body. If the haemoglobin levels are abnormal, it may be a sign that one may have a blood disorder. A haemoglobin test is often used to check for anemie, a condition in which the body has fewer red blood cells than normal.

Dr.Archana Gharud coordinated the entire event in a systematic manner.

In the camp, 47 male and 52 females got tested for haemoglobin. Out of the 102students. only 6 of them were found to have their haemoglobin level measured below 5 whereas the level of others was above 10.

This event was systematically organized by the team headed by Mr.Karnekar Sandip, the IQAC Coordinator and Programme Officer N.S. Ms.S. Narwade, the Convenor WDC, Ms.

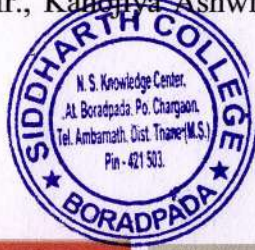




Gayatri Gayal of PHC Hospital, Boradpada and Mr.Vidyadhar Gangurde from Rotary Club of Kalyan. The support rendered by Ms. Vaishnavi Gite and Ms.Vaibhavi, the Nursing Assistants were appreciable.

The support given by other faculty like Mr. Jadhav Nandkumar, Head, Dept of Political Science, Assistant Professor and Mr., Kanajiya Ashwinikumar, Department of Commerce were noteworthy.

*Karnekar Sandip V*  
**KARNEKAR SANDIP V**  
 IQAC COORDINATOR



नमिता एज्युकेशन अॅण्ड वेलफेअर सोसायटी  
**सिध्दार्य कॉलेज (बी.एम.एम.,बी.एम.एस. अॅण्ड बी.कॉम.)**  
 मु. बोरडपाडा पो. चरगाव बटलापूर - म्हसा रोड, ता. अंबरनाथ जि. ठाणे.  
**जागतिक महिला दिन**  
**सावित्रीबाई फुले स्मृती दिनानिमित्त**  
**FREE HAEMOGLOBIN & HEALTH CHECK UP CAMP**  
**“स्त्री च्या निरोगी आरोग्यासाठी हिमोग्लोबीन आणि कॅल्शियमचे महत्व”**  
 शुक्रवार दि. १७ मार्च २०२३ रोजी सकाळी १० ते दु. २.०० पर्यंत

• प्रमुख व्याख्याते •	• प्रमुख पाहुणे •	• कार्यक्रमाचे अध्यक्ष •
<b>मा. डॉ. आर्चना गरूड</b> वेद्यकिय अधिकारी (प्र.आ.के.ड. सोबका)	<b>मा. विद्याधर गांगुर्डे</b> सामाजिक कार्यकर्ते	<b>डॉ. आर. पी. पॉल</b> प्राचार्य
<b>मा. डॉ. गाथत्री गाचल</b> प्र.आ.उपकेद्र, बोरडपाडा	<b>मा. श्रिकांत एल. लोखंडे</b> अध्यक्ष NEWS	

**सौजन्य : दामनराव ओक रक्त पेढी, रोटरी क्लब, ठाणे**  
 • संयोजन समिती •

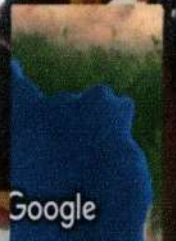
<b>श्री. संतोष संगेवार</b> (A.O.)	<b>प्रा. संदिप कर्णेकर</b> (अॅ.स - का.प्र.स.से.वो.)	<b>प्रा. त्रिविक्रम हवीनिवा</b> (शासिक विभाग प्रमुख)	<b>प्रा. चंद्रकांत कांबळे</b> (डीन कॅम्पस)	<b>श्री. प्रमूत दगडे</b> (अध्यक्ष)
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 Long 73.365069°  
 17/03/23 10:29 AM GMT +05:30



Chargaon, Maharashtra, India  
 5958+R2F, Chargaon, Maharashtra 421503,  
 India  
 Lat 19.159777°  
 Long 73.365069°  
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*Handwritten signature: R. S. Kulkarni*

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**PRINCIPAL**  
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